

# Beating the Market with Dividend-Paying Stocks: My Five Favorite Growth and Income Investments

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by **Mark Skousen**

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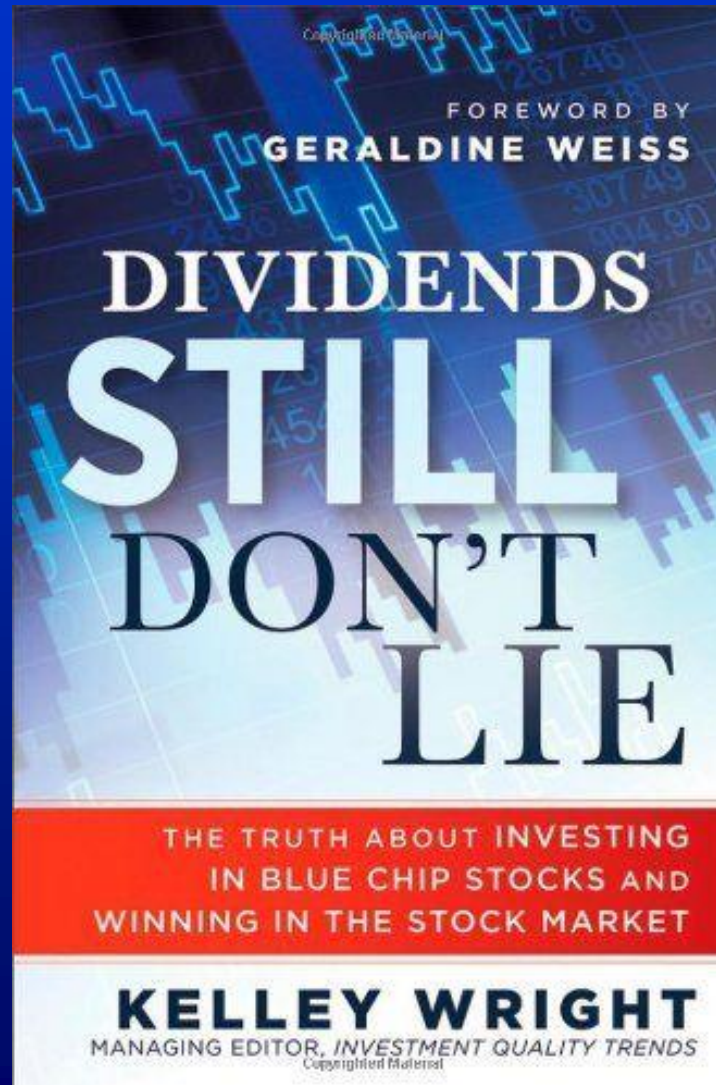
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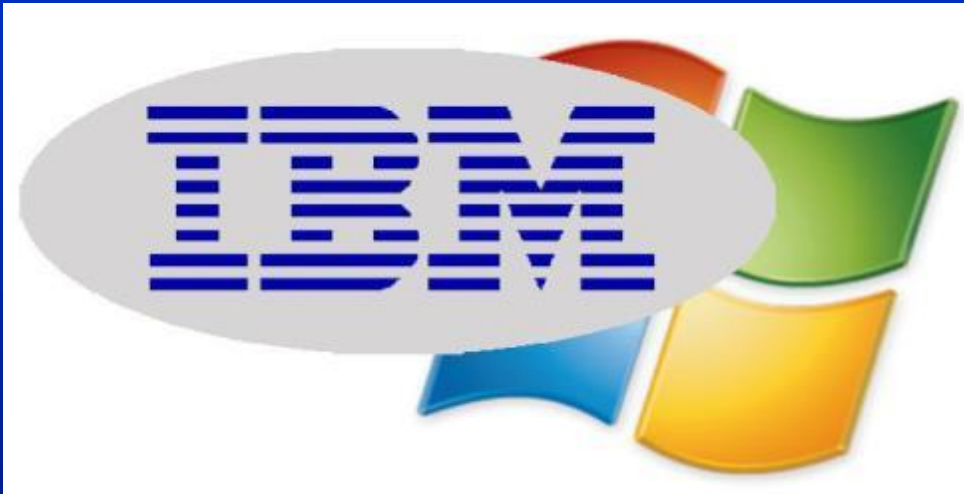
# My Favorite Way to Beat the Market

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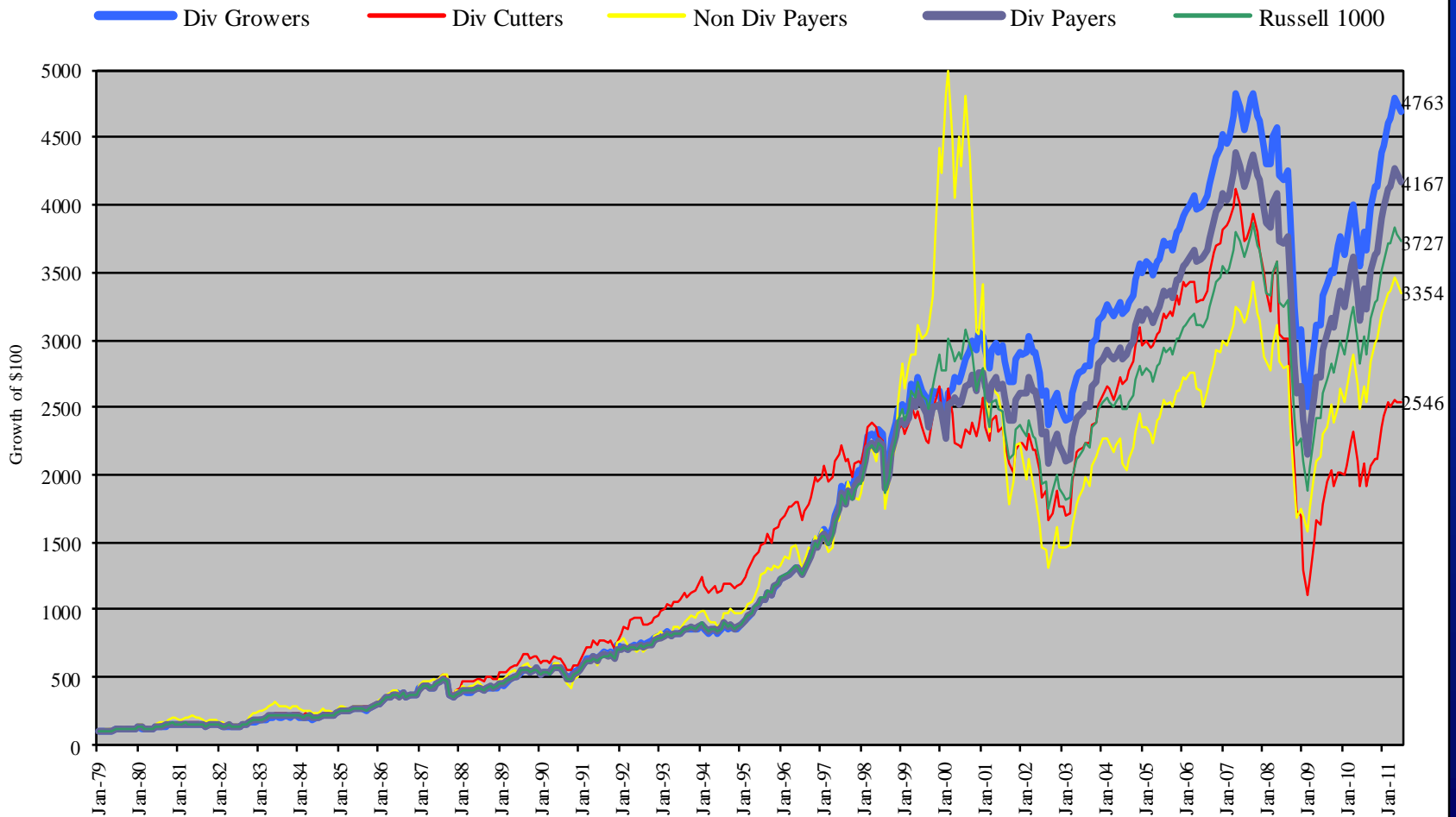
# Big Blue vs. Big Oil

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# Dividend-Paying vs. Non Dividend-Paying Stocks

Returns of Russell 1000 Stocks by Dividend Policy, 1/31/1979 - 6/30/2011  
Monthly cap-weighted geometric average of total returns of R1000 component stocks



# Sleep Well Stocks

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1. Stocks that are consistently profitable in a growing industry
2. Stocks that enjoy an above-average dividend yield.
3. Stocks that have a rising dividend policy.

# Rising Dividends Lead to High Total Return

Rising dividend stocks and funds.

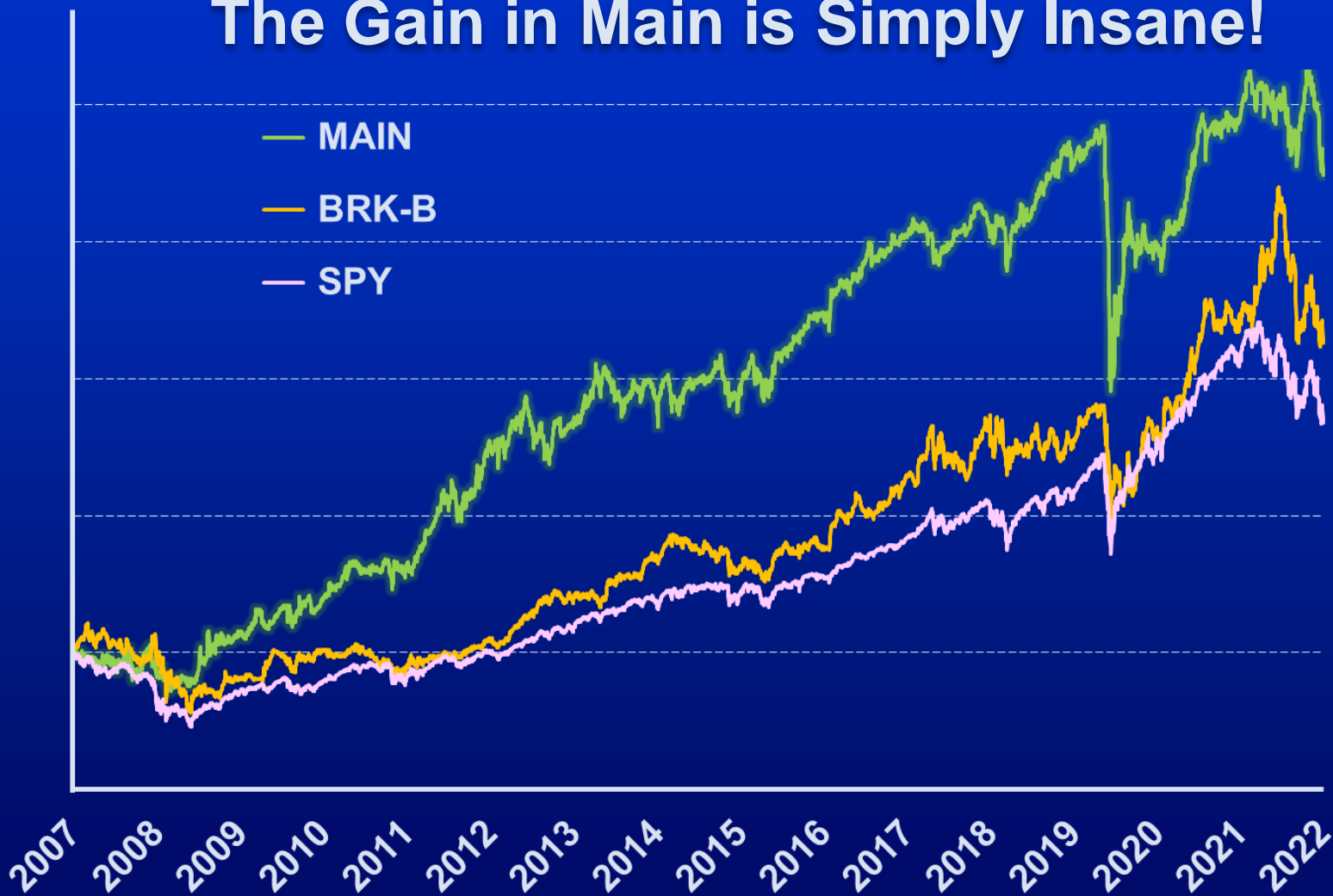
Lowell Miller's formula:

“investing with peace of mind.”

High Quality + High Yield + Growth of Yield = High Total Return

# MAIN Outperforms S&P 500 Index and Warren Buffett

## The Gain in Main is Simply Insane!



Data Source: Yahoo Finance

Graph: Ned Piplovic

# Dividends

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“Do you know the only thing  
that gives me pleasure?  
It is to see my dividends coming in.”



– John D. Rockefeller

# AUTOMATIC INVESTMENT PLANS (AIP)

## How to Build Your Wealth Fast

1. You add to your account monthly.
2. All interest, dividends and distributions are automatically reinvested.
3. You capture capital gains on stocks and bonds.

# Enterprise Products (EPD)

Total five-year return: **33.7%**

Annual return: **5.9%**



# Main Street Capital (MAIN)

Total five-year return: **21.75%**

Annual return: **4.0%**



# Blackstone, Inc. (BX)

Total five-year return: **125.8%**

Annual return: **26.7%**



# Brookfield Infrastructure Corp (BIPC)

Total return since March 2020: **96.8%**

Annual return: **30.4%**



# Cheniere Energy Partners LP (CQP)

Total five-year return: **158.8%**  
Annual return: **20.1%**



# Cisco Systems, Inc. (CSCO)

Total five-year return: **42.4%**

Annual return: **7.3%**



# Past celebrity speakers at FreedomFest



George Foreman (2016)



John Mackey and Kevin O'Leary (2019)



William Shatner (2017)



John Cleese (2022)



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# FreedomFest 2023

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