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9 Key Steps to Avoid a Bear Market,
And Catch a Bull

The 9 Steps:

1. PRIMARY TREND	2. SECONDARY TREND
3. MINOR TREND	4. RELATIVE STRENGTH RANKS
5. NYSE NEW HIGH RATIO	6. NASDAQ NEW HIGH RATIO
7. INDEX % ABOVE 50/200 MAs	8. ADVANCE – DECLINE ISSUES
9. ADVANCE – DECLINE VOLUME	

Summary

- All indicators can be replicated free at www.stockcharts.com or www.freestockcharts.com.
- **Primary Trend** consists of 3 Weekly Exponential Moving Averages: a 13-week EMA, a 34-week EMA, and a 55-week EMA.
- **Secondary Trend** consists of 3 Weekly Exponential Moving Averages: a 5-week EMA, a 13-week EMA, and a 21-week EMA.
- **Minor Trend** consists of 3 Weekly Exponential Moving Averages: a 3-week EMA, a 5-week EMA, and a 13-week EMA.
- All three trends give buy signals when the shortest EMA crosses <u>over</u> both longer EMAs. Sells are when the shortest EMA crosses <u>below</u> both longer EMAs.
- **REALTIVE STRENTH RANKING** can be accomplished with Market Carpets or Perfcharts. Type a colon between two ticker symbols; ie, EEM:$SPX.
- The **NEW HIGH RATIO** gives a buy signal when crossing over 70% line and doesn't give a sell signal until crossing under 30% line. Extremely overbought/oversold lines appear at 85% and 15%. Type in the symbols for the appropriate index: **$NYHILO/$NAHILO.** Horizontal Bars selected at 70, 50, & 30.
- **Percent of Stocks Above 50/200 MA** is a picture of current market breadth. $NYA50R/$NYA200R/$NAA50R/$NAA200R. Horizontal Lines appear at 70, 50, & 30.
- **Advancing Issues/Declining Issues** is a picture of current market breadth. $NYAD/$NAAD.
- **Advancing Volume/Declining Volume (Buying Pressure)** is a picture of current market breadth. $NYUD/$NAUD.
- **When NYSE Margin Debt runs below 12-month MA, Bear Markets follow.** Google search "Margin Debt", select "Margin Debt NYXdata".
- Registered Investment Advisors employing Active Money Management Principles to protect wealth in economic downturns because they sell instead of buy, hold, & pray.
- Ticker Picker is an Excel spreadsheet that must be updated weekly by the user from prices available at Yahoo Finance. It's available for Stocks, Mutual Funds, or ETFs. Each one costs $75; all three are $200.. All spreadsheets contain a Market Health page with all Bear Market indicators except the Margin Debt indicator, and are available by emailing abacusfs@centurytel.net and requesting the version(s) you want. Please include Name, address, email address & phone number with check. The spreadsheet & instructions will be emailed to you.